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Guide to Biometric Reference Systems and Performance Evaluation *Springer Science & Business Media* Biometrics has moved from using fingerprints to using many methods of assessing human physical and behavioral traits. This guide introduces a new performance evaluation framework designed to offer full coverage of performance evaluation of biometric systems. **Greenland & the Arctic** Lonely Planet country guides offer down to earth accurate information for every budget.- The complete, practical country guide for independent travellers- Detailed Getting Started and Itineraries chapters for effortless planning- Inspirational full-colour Highlights sections showcase the country's must-see sights- Easy-to-use grid-referenced maps with cross references to the text- Insightful new History, Culture, Food and Environment chapters by specialist contributorsGreenland & The Arctic- The only guidebook that covers the Arctic as a travel destination- Full range of travel routes from gateway cities in Scandinavia, Russia, Alaska and Canada, pluscomprehensive coverage of increasingly popular Greenland- New title combines information previously contained in Iceland, Greenland & the Faroe Islands and The Arctic **How Your Motorcycle Works Your Guide to the Components & Systems of Modern Motorcycles** *Veloce Publishing Ltd* A fascinating and complex piece of machinery, the modern motorcycle is easily as complex as the modern car. Clear, jargon-free text, and detailed cutaway illustrations show exactly how the modern bike works. From the basics of the internal combustion engine, to the wide variety of modern transmissions and ancillary systems, **Guide to Netscape Navigator Gold** *Ziff Davis Press* Netscape Navigator 2.0 Gold is the new product from Netscape which contains the Navigator browser and an array of Web authoring tools. The first guide to offer complete, in-depth coverage of Gold and how to use it, this book takes readers from a brief introduction of NN2.0 and Web pages into using the specific tools that comprise Gold so that they can learn to create vivid, interesting, and dynamic web pages. **Community Rehabilitation in Neurology** *Cambridge University Press* Rehabilitation should not stop when the disabled person is discharged from hospital, and many neurological patients require ongoing rehabilitation in order to maximize their functional abilities, minimize complications and promote full participation at home and in the community. This book analyses community rehabilitation needs from many different perspectives, including the views of disabled people, rehabilitation clinicians and service providers. Many examples of community rehabilitation schemes are presented, with evidence for their effectiveness, and case studies are used to highlight the main issues. The authors take an international view, and there are chapters dealing with the disabled child in the community and with neuropsychological rehabilitation. This important book examines the growing trend towards community rehabilitation in neurology and is directed towards all clinicians involved with neurorehabilitation. **Manual of Psychosocial Rehabilitation** *John Wiley & Sons* Psychosocial Rehabilitation is a comprehensive ready-reference for mental health practitioners and students, providingpractical advice on the full range of interventions forpsychosocial rehabilitation. It contextualises the interventionsdescribed and provides pointers to enable the reader to explore thetheory and research. This manual recognises the wide-ranging impact of mental illnessand its ramifications on daily life, and promotes a recovery modelof psychosocial rehabilitation and aims to empower clinicians toengage their clients in tailored rehabilitation plans. The book isdivided into five key sections. Section 1 looks at assessment covering tools available in thepublic domain, instruments, scoring systems, norms and applicationsfor diagnosis and measurement of symptoms, cognitive functioning,impairment and recovery. Section 2 covers the full range of therapeutic interventions andoffers advice on training and supervision requirements andevaluation of process, impact and outcome. Section 3 provides manuals and programs for interventioneffectively provided as group activities. Section 4 explains how to design a full programme thatintegrates therapeutic interventions with group programmes as wellas services provided by other agencies. The final section looks at peer support and self help, providingmanuals and resources that support programmes and interventions notrequiring professional or practitioner direction. **Honda C50, C70 & C90 1967 to 1999** *Haynes Publications* With a Haynes manual, you can do it yourself...from simple maintenance to basic repairs. Haynes writes every book based on a complete teardown of the motorcycle. We learn the best ways to do a job and that makes it quicker, easier and cheaper for you. Our books have clear instructions and plenty of photographs that show each step. Whether you're a beginner or a pro, you can save big with Haynes! • Step-by-step procedures • Easy-to-follow photos • Complete troubleshooting section • Valuable short cuts • Color spark plug diagnosis Complete coverage for your Honda C50, C70 and C90 for 1967 thru 1999: • Routine Maintenance • Tune-up procedures • Engine, clutch and transmission repair • Cooling system • Fuel and exhaust • Emissions control • Ignition and electrical systems • Brakes, wheels and tires • Steering, suspension and final drive • Frame and bodywork • Wiring diagrams **International Financial Reporting Standards Desk Reference Overview, Guide, and Dictionary** *John Wiley & Sons* "This book is written by authors who clearly understand the challenges facing all who seek to understand and apply international standards. I recommend it to you." —From the Foreword by Sir David Tweedie Chair of the International Accounting Standards Board In this defining resource, authors Roger Hussey and Audra Ong have compiled everything accountants, executives, and organizations in different countries need to reach agreement on accounting rules and standards. International Financial Reporting Standards Desk Reference includes a background on how the movement toward a common language for international accounting evolved to its present state, summarizes existing standards highlighting the key issues covered, and captures those terms and phrases that are fundamental to an understanding of the common language of global business. Written to help readers fully comprehend this global language, International Financial Reporting Standards Desk Reference includes: An overview of the International Accounting Standards (IAS) and Inter-national Financial Reporting Standards (IFRS) and their impact A dictionary of words and phrases used in the international business world, with a strong emphasis on terms used by the International Accounting Standards Board History of the International Accounting Standards Board: how it was formed, its structure, and the way it operates Insights on future trends of the **International Accounting Standards Board** **Health Care Administration and Planning A Guide to Sources of Information** **IB Music Revision Guide Everything you need to prepare for the Music Listening Examination (Standard and Higher Level)** *Anthem Press* The 'IB Music Revision Guide' includes analyses of all the prescribed works of the International Baccalaureate Diploma Programme music course through 2016. It also includes a comprehensive overview of all the musical styles and cultures that are examined during the course, practice questions and answers that allow students to check their knowledge, as well as a glossary to help ensure key terms are understood. There are also revision tips and advice on exam technique that will help students prepare for the IB listening exam with confidence. Suitable for Standard and Higher Level. **Italy Technical Note on Interconnectedness and Spillover Analysis** *International Monetary Fund* This Technical Note discusses findings of interconnectedness and spillover analysis on Italy. The market-based measures of tail risks and interconnectedness among key banks and insurance companies in Italy have declined from their peak but remain at elevated levels. Although the stress on Banca Monte dei Paschi di Siena has been manifesting on its own, the market perception about the condition of the banks appears to be increasingly contaminating the market views on other Italian financial institutions. It is also observed that exogenous factors, such as the Italian sovereign, are the key source of systemic risk for the market pricing of Italian financial institutions. **Horse Anatomy for Performance** *David & Charles* Examine the anatomy of a horse from an entirely different perspective. This intriguing and original explanation of the 11 internal body systems of horses shows them painted on the outside to describe everything on the inside. The horse is a highly sophisticated living organism so to enable him to reach his full athletic performance and give him a happy, healthy quality of life it is vital to understand both his capabilities and limitations within the context of his structure and function. Gillian Higgins turns her trademark technique of painting internal diagrams directly onto live horses to show how all the systems work, and work together, to influence performance and reduce the risk of injury. Divided into 12 chapters, Horse Anatomy for Performance combines high quality photographs and intricate paintings with top tips and fascinating facts to provide a practical and useful guide to horse anatomy. Visually appealing, original and easily understandable, the book explains how anatomy influences the way we manage, ride and train our horses. This book is a sequel to How Your Horse Moves by Gillian Higgins; together the books provide a comprehensive guide to horse anatomy in action "Finally a book where you can learn how your horse ticks - inside out - and it is easy to understand and fun to read. A must for every serious equestrian." --Dr W. Bechtolsheimer **How to Make Love in a Canoe Sex in Canada** When it comes to sex in the Great White North, we've definitely mastered the art of staying warm. Join Jeff Pearce as he takes an irreverent romp through Canada's little-known sexual history and peeks into the bedrooms of the nation. **Java Programming Bootcamp the Crash Course for Understanding the Basics of Java Computer Language** *Createspace Independent Publishing Platform* Want To Master The Basics Of Java Programming In A Short Period? If so, you're in the right place! This book is exactly what you need. If you've wanted to learn how to program using Java you have probably thought it was a difficult and long process. This is actually not the case at all. Java can be an extremely easy and straightforward process. The days of searching countless websites to find what you're looking for are over. With this book you will have everything you could possibly need, all in one place! What This Book Will Give You: Java Basics For Beginners This book will take the process of programming and break it down into straightforward simple steps that anyone can follow along to. The Different Types Of Data This book will present all of the important data you need to know and will walk you through how to use it. The Common Errors This book will show you the most common errors you will experience and how to fix them and avoid them all together. What You Will Learn: The basics of Java Must Know Tables How to create porgrams What are data and variables How to use variables The fundamental concepts Java sequences Selection Statements The different types of data The most common errors and how to handle them And much more! All of this information will be presented to you in easy to understand, straightforward steps. For anyone starting out, this is your best option to learn Java in a quick period of time. Try it out for yourself. You won't be disappointed. Now it's time for you to start your journey into Java programming! Click on the Buy Now button above and get started today! I look forward to hearing about your success! tags: Python, Python course, Python book, learning Python, Python language, Python examples, Python tutorials, Python programming language, Python coding, Python programming for beginners, Python for Dummies **Hydrology and Hydroclimatology Principles and Applications** *CRC Press* This book presents a systematic approach to understanding and applying the principles of hydrology and hydroclimatology, examining the interactions among different components of the water cycle. It takes a fresh look at the fundamentals and challenges in hydrologic and hydroclimatic systems as well as climate change. The author describes the application of nontraditional data sets and new investigation techniques to water-related problems. He also examines long lead forecasting and simulation, time series analysis, and risk and uncertainty in hydrologic design. **How to Make Love to a Plastic Cup A Guy's Guide to the World of Infertility** *Harper Collins* "A Guy's Guide to the World of Infertility," How to Make Love to a Plastic Cup is a light-hearted, laugh-out-loud funny, yet at the same time helpful and informative handbook to all things infertility-related written with the male wannabe babymaker in mind. Greg Wolf, who has "been there," delivers the goods in a humorous, direct way that every potential dad will love...and every hopeful mom will want to purchase for the often clueless man in her life. **Hayek: A Collaborative Biography Part III, Fraud, Fascism and Free Market Religion** *Palgrave Macmillan* F.A. Hayek (1899-1992), the co-leader of the Austrian free market school, embraced the transparently fraudulent assertion made by Donald McCormick, aka Richard Deacon, in The British Connection which accused A.C. Pigou, the co-leader of the Cambridge market failure school, of being a Soviet spy. **Hope, Hype and VoIP Riding the Library Technology Cycle** *American Library Association* Char Booth examines the long-term adoption of one established tool, Voice over Internet Protocol (VoIP) in order to gain insight into the library innovation process. **Inherited Cardiac Disease** *Oxford University Press* Containing summaries of inherited cardiovascular disorders with a focus on aetiology, presentation and management, this handbook covers the fundamentals of

molecular biology and genetic testing, and the detailed clinical information relevant to patient management. **iOS Game Development By Example** *Packt Publishing Ltd* Learn how to develop an ace game for your iOS device, using Sprite Kit About This Book Learn about the Sprite Kit engine and create games on the iOS platform from the ground up Acquaint your Sprite Kit knowledge with Swift programming and turn your 2D game conceptualization into reality in no time An abridged and focused guide to develop an exhaustive mobile game Who This Book Is For This book is for beginners who want to start their game development odyssey in the iOS platform. If you are an intermediate or proficient game developer hailing from a different development platform, this book will be a perfect gateway to the Sprite Kit engine. The reader does not need to have any knowledge of Sprite Kit and building games on the iOS platform. What You Will Learn Learn about the Sprite Kit game engine and create indie games in no time Set sail on the quest of game development career by successfully creating a runner game Know more about the IDE provided by Apple for game development – Xcode Get an overview of Apple's latest programming language, Swift Discover the functionalities of scenes and nodes in a game Explore how physics bodies work and how to add this feature into your game Grasp knowledge of particle effect and shaders Add a scoring system into your game to visualize high scores In Detail Game development has always been an exciting subject for game enthusiasts and players and iOS game development takes a big piece of this cake in terms of perpetuating growth and creativity. With the newest version of iOS and Sprite Kit, comes a series of breathtaking features such as Metal rendering support, camera nodes, and a new and improved Scene Editor. Conceptualizing a game is a dream for both young and old. Sprite Kit is an exciting framework supported by Apple within the iOS development environment. With Sprite Kit, creating stunning games has become an easy avenue. Starting with the basics of game development and swift language, this book will guide you to create your own fully functional game. Dive in and learn how to build and deploy a game on your iOS platform using Sprite Kit game engine. Go on a detailed journey of game development on the iOS platform using the Sprite Kit game engine. Learn about various features implemented in iOS 8 that further increase the essence of game development using Sprite Kit. Build an endless runner game and implement features like physics bodies, character animations, scoring and other essential elements in a game. You will successfully conceive a 2D game along with discovering the path to reach the pinnacle of iOS game development. By the end of the book, you will not only have created an endless runner game but also have in-depth knowledge of creating larger games on the iOS platform. Style and approach An easy-to-follow, comprehensive guide that makes your learning experience more intriguing by gradually developing a Sprite Kit game. This book discusses each topic in detail making sure you attain a clear vision of the subject. **Java The Ultimate Guide to Learn Java Programming Fast** *Createspace Independent Publishing Platform* Java Sale price. You will save 66% with this offer. Please hurry up! The Ultimate Guide to Learn Java Programming Fast (Java for Beginners, Java for dummies, how to program, java app, java programming) Java is parallel to the C# programming language. However, Java can be considered as an object-oriented language and it also features enormous learning curves and potentials for beginners. The aim of this book is to help complete beginners in getting comfortable with the Java programming language. The Complete Guide on Java - 2015 Edition will discuss the vital topics of the Java language. These topics will serve as the stepping stone of any beginners which will pave their way into the wide realm of Java. As per the statement of the company behind the programming language, there are more than nine million Java developers around the globe as of the writing of this book. This book will cover the following topics: Programming Structure of the Java Language Introduction to Object-Oriented Programming Key Concepts of Object-Oriented Programming Declaration and Management of Variables Data Types Integrating Other Classes Access Modifiers Closer Look on Objects and Classes These are just a few of the topics included in this book. By familiarizing all these topics, you will be able to understand why the Java language became the foundation of network applications. Rest assured that by the end of this book, you can now efficiently use, deploy, and develop Java-based services and applications. Download your copy of "Java" by scrolling up and clicking "Buy Now With 1-Click" button. Tags: Java, Java Programming, Learn Java, java for dummies, java app, computer programming, computer tricks, step by step, programming for beginners, data analysis, beginner's guide, crash course, database programming, java for dummies, coding, java basics, basic programming, crash course, programming principles, programming computer, ultimate guide, programming for beginners, software development, programming software, software programs, how to program, computer language, computer basics, computing essentials, computer guide, computers books, how to program. **How to Be Like Mike Life Lessons about Basketball's Best** *Simon and Schuster* Michael Jordan is the greatest basketball player of all time. But his pre-eminence is more than just extraordinary athletic ability: the lessons of his life—such as focus, passion, hard work, perseverance and accountability—have shaped him into one of the most revered celebrities of the 20th century. In this inspiring book Pat Williams, motivational speaker and senior vice president of the NBA's Orlando Magic, reveals Jordan's method for living a life of greatness that we can all incorporate into our lives. Fascinating anecdotes and quotes from those who know Michael best provide a glimpse into a persona as sweeping and immense as any generation has ever witnessed. Peppered with examples from Williams's life and those of other star athletes and celebrities, this uplifting book shows that we are, indeed, all capable of fulfilling our full potential. Readers from all walks of life can appreciate and aspire to living life like a champion. **Human Anatomy and Physiology, Laboratory Manual (PK W/Cd)(Custom Rio Salado Community College)** **Surveying for Construction** *Surveying for Construction 5e* is an essential textbook for students of engineering new to surveying, and will also appeal to students of building and environmental studies and archaeology. Offering a strong grounding in land and construction surveying, the authors clearly and comprehensively guide the reader through the principles, methods and equipment used in modern-day surveying. Taking into account recent advances in the field, the material has been fully updated and revised throughout including new and up-to-date coverage of levelling, total stations, detail surveys, and EDM. A new chapter on GPS technology has been added. In keeping with the practical nature of the book, there are chapters on setting out construction works and surveying existing buildings, which guide the reader step-by-step through the fundamental procedures. The clear and methodical nature of the explanations, supported by a wide range of exercises and examples, make *Surveying for Construction 5e* an invaluable and modern introduction to surveying. Key features include: • Fully updated coverage and new material throughout, including a new chapter on GPS • New Learning Objectives and Chapter Summaries which guide the student through the learning process and highlight the key principles and methods for each chapter • Numerous diagrams and figures which give students a clear and detailed understanding of equipment and procedures • Extensive boxed examples and exercises that guide students through real-world surveying methods and calculations • Website material: online material for creating your own surveying project allows students to practice the methods and techniques they have learnt **Intellectual Property and Emerging Technologies The New Biology** *Edward Elgar Publishing* This unique and comprehensive collection investigates the challenges posed to intellectual property by recent paradigm shifts in biology. It explores the legal ramifications of emerging technologies, such as genomics, synthetic biology, stem cell research, nanotechnology, and biodiscovery. Extensive contributions examine recent controversial court decisions in patent law such as *Bilski v. Kappos*, and the litigation over Myriad's patents in respect of BRCA1 and BRCA2 while other papers explore sui generis fields, such as access to genetic resources, plant breeders' rights, and traditional knowledge. The collection considers the potential and the risks of the new biology for global challenges such as access to health-care, the protection of the environment and biodiversity, climate change, and food security. It also considers Big Science projects such as biobanks, the 1000 Genomes Project, and the Doomsday Vault. The inter-disciplinary research brings together the work of scholars from Australia, Canada, Europe, the UK and the US and involves not only legal analysis of case law and policy developments, but also historical, comparative, sociological, and ethical methodologies. *Intellectual Property and Emerging Technologies* will appeal to policy-makers, legal practitioners, business managers, inventors, scientists and researchers. **Guide to Genital HPV Diseases and Prevention** *CRC Press* Custom-designed for clinicians on the frontline of treatment and prevention of the human papillomavirus (HPV), this stand-alone handbook provides the scientific background needed to understand and administer the new HPV vaccines. Written by some of the discoverers of these vaccines, this accessible text explores the biology and epidemiology of HPV. **The Cannonball Tree Mystery From the CWA Historical Dagger Shortlisted author comes an exciting new historical crime novel** *Hachette UK* 'One of Singapore's finest living authors' *South China Morning Post* 'Simply glorious. Every nook and cranny of 1930s Singapore is brought richly to life' *CATRIONA MCPHERSON* 'Charming' *RHYS BOWEN* 'One of the most likeable heroines in modern literature' *SCOTSMAN* _____ Has Su Lin summoned a tree demon who is now killing on her behalf? The overpoweringly fragrant flowers, snakelike vines and deadly fruit of the cannonball tree are enough to keep most people away. But when a piece of expensive photographic equipment is found nearby, on closer inspection Su Lin discovers the body of Mimi, her horrible relative who has been trying to blackmail her. Su Lin is not the only one to realise how much easier this death makes things for her in the new normal of life in Syonan (Japanese Occupied Singapore). And then more fortuitous deaths follow. But is someone really killing people on her account? As Su Lin contends with the fear and rancour of those around her, the resentment of former friends and a whistling demon, can she hope not only to survive but untangle the cannonball tree's secrets to prevent further deaths... and possibly turn the tide of the war? _____ Praise for Ovidia Yu: 'Chen Su Lin is a true gem. Her slyly witty voice and her admirable, sometimes heartbreaking, practicality make her the most beguiling narrator heroine I've met in a long while' *Catriona McPherson* 'Charming and fascinating with great authentic feel. Ovidia Yu's teenage Chinese sleuth gives us an insight into a very different culture and time. This book is exactly why I love historical novels' *Rhys Bowen* 'A wonderful detective novel . . . a book that introduces one of the most likeable heroines in modern literature and should be on everyone's Must Read list' *Scotsman* 'Unassuming, brilliantly observant' *SCMP* 'Ovidia Yu's writing helped me peel back the layers to understand Singapore. The story and Chen Su Lin's initiative and tenacity, set against a backdrop of wartime Singapore, intrigued both the historian and the mystery lover in me' *Kara Owens CMG CVO, British High Commissioner to Singapore* **Honda C50, C70 & C90 1967 to 2003** *Haynes Manuals N. America, Incorporated* With a Haynes manual, you can do it yourself...from simple maintenance to basic repairs. Haynes writes every book based on a complete teardown of the motorcycle. We learn the best ways to do a job and that makes it quicker, easier and cheaper for you. Our books have clear instructions and plenty of photographs that show each step. Whether you're a beginner or a pro, you can save big with Haynes! • Step-by-step procedures • Easy-to-follow photos • Complete troubleshooting section • Valuable short cuts • Color spark plug diagnosis Complete coverage for your Honda C50, C70 and C90 for 1967 thru 2003: • Routine Maintenance • Tune-up procedures • Engine, clutch and transmission repair • Cooling system • Fuel and exhaust • Emissions control • Ignition and electrical systems • Brakes, wheels and tires • Steering, suspension and final drive • Frame and bodywork • Wiring diagrams **Holt California Life Science Pharmacology of Purine and Pyrimidine Receptors** *Academic Press* This is an overview of the fast-moving field of purinergic signalling through adenosine and ATP receptors. Authors are the leading authorities in their fields Subject matter is important for understanding tissue protection Subject matter is of intense interest for new drug development **Permissions, A Survival Guide Blunt Talk about Art as Intellectual Property** *University of Chicago Press* If a picture is worth a thousand words, then it's a good bet that at least half of those words relate to the picture's copyright status. Art historians, artists, and anyone who wants to use the images of others will find themselves awash in byzantine legal terms, constantly evolving copyright law, varying interpretations by museums and estates, and despair over the complexity of the whole situation. Here, on a white—not a high—horse, Susan Bielstein offers her decades of experience as an editor working with illustrated books. In doing so, she unsnarls the threads of permissions that have ensnared scholars, critics, and artists for years. Organized as a series of "takes" that range from short sidebars to extended discussions, *Permissions, A Survival Guide* explores intellectual property law as it pertains to visual imagery. How can you determine whether an artwork is copyrighted? How do you procure a high-quality reproduction of an image? What does "fair use" really mean? Is it ever legitimate to use the work of an artist without permission? Bielstein discusses the many uncertainties that plague writers who work with images in this highly visual age, and she does so based on her years navigating precisely these issues. As an editor who has hired a photographer to shoot an incredibly obscure work in the Italian mountains (a plan that backfired hilariously), who has tried to reason with artists' estates in languages she doesn't speak, and who has spent her time in the archival trenches, she offers a snappy and humane guide to this difficult terrain. Filled with anecdotes, asides, and real courage, *Permissions, A Survival Guide* is a unique handbook that anyone working in the visual arts will find invaluable, if not indispensable. **HTML5 for iOS and Android: A Beginner's Guide** *McGraw Hill Professional* Essential Skills--Made Easy! Create advanced websites, web apps, and standalone apps for Apple iOS and Google Android devices. **HTML5 for iOS and Android: A Beginner's Guide** explains, step by step, how to use HTML5 and CSS3 as well as supporting technologies, such as JavaScript, MySQL, and PHP. Download wrapper code from the book's companion website to enable your programs to run like native iOS or Android apps. You'll also get tips for distributing your creations in various app stores. Everything you need to get started developing powerful mobile apps and websites is included in this hands-on guide. Designed for Easy Learning: Key Skills & Concepts--Chapter-opening lists of specific skills covered in the chapter Ask the Expert--Q&A sections filled with bonus information and helpful tips Notes--Extra information related to the topic being covered Tips--Helpful reminders or alternate ways of doing things Cautions--Errors and pitfalls to avoid Annotated Syntax--Example code with commentary that describes the programming techniques being illustrated *Robin Nixon* is a developer and freelance technical writer who has published more than 500 articles in magazines such as *PC Plus*, *PCW*, *Web User*, *PC Advisor*, and *PC Answers*. He is the author of several computer books, including *Plug-in PHP*, *Plug-in JavaScript*, and *Plug-in CSS*. **Household Bacteriology ... The Matrix Model for Teens and Young Adults Therapist Manual Intensive Outpatient Alcohol and Drug Treatment Program** *Hazelden Publishing &*

Educational Services The Matrix Model for Teens and Young Adults Therapist Manual **IGCSE Study Guide for Chemistry** *Hodder Education* This Study Guide has been written especially for students preparing from the University of Cambridge International Examination IGCSE Chemistry syllabus (Core and Extended curriculum). It provides all the explanation and advice students need to study efficiently for the exam. - The subject is divided into topics. - Each topic starts with a list of Key Objectives, which specifies the skills and knowledge that students need to acquire during the course. - Where appropriate, there is also a list of Key Definitions. - The Key Ideas sections outline the content and can be used by students to check that they know and understand the essential concepts for IGCSE Chemistry. - Common misconceptions and errors are highlighted. - Sample questions and answers and examiner's comments show students how to improve their answers and increase their grades. - Further questions (with answers at the back of the book) allow students to test their knowledge. **Meat Is for Pussies A How-To Guide for Dudes Who Want to Get Fit, Kick Ass, and Take Names** *HarperWave* Think eating meat makes you macho? Think again. Punk rock icon John Joseph grew up on the mean streets of New York City in the 1970s. From gang fights to drug addiction, foster homes to lockups—he's lived it all. But shifting the way he thought about food is the one decision he credits with saving his life. Today at age fifty-four, he's completing triathalons, keeping up with guys half his age, and still rocking with his band on world tours. In *Meat Is for Pussies*, he offers a no-holds-barred guide to plant-based living for every dude out there who thinks grilling burgers, going out for a steak, or sitting down with a bucket of wings is a "guy thing." Joseph presents a throw-down of information, offering both personal and scientific evidence that a plant-based diet offers the best path to athleticism, strength, sexual stamina, and health. In addition to smashing the myths surrounding meat, Joseph offers a meal plan, recipes, and a workout regimen that make it easy to go plant-based and get a ripped body.