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KEY=OBESITY - FITZPATRICK BRICE

THE FUTURE OF CHILDREN: SPRING 2006

CHILDHOOD OBESITY

Brookings Institution Press This volume examines the causes and consequences of increasing rates of obesity and overweight among children. In addition, it reviews specific policies and programs aimed at reducing obesity and overweight and the related health problems that result. Contents: Introducing the Issue, Christina Paxson and Elisabeth Donahue (Princeton University) Childhood Obesity: Trends and Potential Causes, Patricia M. Anderson (Dartmouth College) and Kristin F. Butcher (Federal Reserve Bank of Chicago) The Consequences of Childhood Overweight and Obesity, Stephen R. Daniels (University of Cincinnati College of Medicine and Cincinnati Children's Hospital Medical Center) Treating Childhood Obesity and Associated Medical Conditions, Sonia Caprio (Yale University School of Medicine) The Role of Built Environments in Physical Activity, Eating, and Obesity in Children, James F. Sallis (San Diego State University and Robert Wood Johnson Foundation) and Karen Glanz (Emory University) The Role of Child Care Settings in Obesity Prevention, Mary Story and Karen Kaphingst (University of Minnesota and Robert Wood Johnson Foundation), and Simone French (University of Minnesota) The Role of Schools in Obesity Prevention, Mary Story, Karen Kaphingst, and Simone French Markets and Childhood Obesity Policy, John Cawley (Cornell University) The Role of Parents in Preventing Childhood Obesity, Ana C. Lindsay, Juhee Kim, and Steven Gortmaker (Harvard School of Public Health), and Katarina M. Sussner (Harvard Graduate School of Arts and Sciences)

PREVENTING CHILDHOOD OBESITY

HEALTH IN THE BALANCE

National Academies Press Children's health has made tremendous strides over the

past century. In general, life expectancy has increased by more than thirty years since 1900 and much of this improvement is due to the reduction of infant and early childhood mortality. Given this trajectory toward a healthier childhood, we begin the 21st-century with a shocking development—an epidemic of obesity in children and youth. The increased number of obese children throughout the U.S. during the past 25 years has led policymakers to rank it as one of the most critical public health threats of the 21st-century. Preventing Childhood Obesity provides a broad-based examination of the nature, extent, and consequences of obesity in U.S. children and youth, including the social, environmental, medical, and dietary factors responsible for its increased prevalence. The book also offers a prevention-oriented action plan that identifies the most promising array of short-term and longer-term interventions, as well as recommendations for the roles and responsibilities of numerous stakeholders in various sectors of society to reduce its future occurrence. Preventing Childhood Obesity explores the underlying causes of this serious health problem and the actions needed to initiate, support, and sustain the societal and lifestyle changes that can reverse the trend among our children and youth.

THE CHALLENGE OF OBESITY IN THE WHO EUROPEAN REGION AND THE STRATEGIES FOR RESPONSE

SUMMARY

World Health Organization In a brief, clear and easily accessible way, this summary illustrates the dynamics of the obesity epidemic and its impact on public health throughout the WHO European Region, particularly in eastern countries. It describes how factors that increase the risk of obesity are shaped in different settings, such as the family, school, community and workplace. It makes both ethical and economic arguments for accelerating action against obesity, and analyses effective programs and policies in different government sectors, such as education, health, agriculture and trade, urban planning and transport. The summary also describes how to design policies and programs to prevent obesity and how to monitor progress, and calls for specific action by stakeholders: not only government sectors but also the private sector - including food manufacturers, advertisers and traders - and professional consumers' and international and intergovernmental organizations such as the European Union.

OBESITY EPIDEMIOLOGY

Oxford University Press During the past twenty years there has been a dramatic increase in obesity in the United States. An estimated thirty percent of adults in the US are obese; in 1980, only fifteen percent were. The issue is gaining greater attention with the CDC and with the public health world in general. This book will offer practical information about the methodology of epidemiologic studies of obesity, suitable for graduate students and researchers in epidemiology, and public health practitioners with an interest in the issue. The book will be structured in four main sections, with the majority of chapters authored by Dr. Hu, and some authored by specialists in specific areas. The first section will consider issues surrounding the

definition of obesity, measurement techniques, and the designs of epidemiologic studies. The second section will address the consequences of obesity, looking at epidemiologic studies that focus on cardio-vascular disease, diabetes, and cancer. The third section will look at determinants of obesity, reviewing a wide range of risk factors for obesity including diet, physical activity and sedentary behaviors, sleep disorders, psychosocial factors, physical environment, biochemical and genetic predictors, and intrauterine exposures. In the final section, the author will discuss the analytical issues and challenges for epidemiologic studies of obesity.

CHILDHOOD OBESITY

CAUSES, CONSEQUENCES, AND INTERVENTION APPROACHES

CRC Press Childhood obesity has reached epidemic proportions in the United States and continues to increase in prevalence in almost all countries in which it has been studied, including developed and developing countries around the globe. The causes of obesity are complex and multi-factorial. Childhood obesity becomes a life-long problem in most cases and is associated with long term chronic disease risk for a variety of diseases including type 2 diabetes, cardiovascular disease, non-alcoholic fatty liver disease, as well as psychosocial issues and obesity seems to affect almost every organ system in the body. In recent years there has been tremendous progress in the understanding of this problem and in strategies for prevention and treatment in the pediatric years. *Childhood Obesity: Causes, Consequences, and Intervention Approaches* presents current reviews on the complex problem of obesity from the multi-level causes throughout early life before adulthood and the implications for this for long-term disease risk. It reviews numerous types of strategies that have been used to address this issue from conventional clinical management to global policy strategies attempting to modify the global landscape of food, nutrition, and physical activity. Each chapter is written by a global authority in his or her respective field with a focus on reviewing the current status and recent developments. The book features information on contributing factors to obesity, including developmental origins, social/family, birth cohort studies, influence of ethnicity, and global perspectives. It takes a life-course approach to the subject matter and includes exhaustive treatment of contributing factors to childhood obesity, such as assessment, environmental factors, nutrition and dietary factors, host factors, interventions and treatment, consequences, and further action for future prevention. This broad range of topics relevant to the rapidly changing field of childhood obesity is suitable for students, health care professionals, physicians, and researchers.

THE WEIGHT OF OPINION

THE EARLY CHILDHOOD SECTOR'S PERCEPTIONS ABOUT CHILDHOOD OVERWEIGHT AND OBESITY

"This report presents the findings from a series of in-depth interviews on the perceptions of early childhood staff about the issue of childhood overweight and obesity and their role in supporting healthy eating and active play. Interviews were

conducted with eleven directors and staff members from four long day care centres and four preschools, located in three areas within metropolitan Sydney and one area in rural NSW"--Executive summary.

THE SURGEON GENERAL'S VISION FOR A HEALTHY AND FIT NATION

Createspace Independent Pub Our nation stands at a crossroads. Today's epidemic of overweight and obesity threatens the historic progress we have made in increasing American's quality and years of healthy life. Two-third of adults and nearly one in three children are overweight or obese. In addition, many racial and ethnic groups and geographic regions of the United States are disproportionately affected. The sobering impact of these numbers is reflected in the nation's concurrent epidemics of diabetes, heart disease, and other chronic diseases. If we do not reverse these trends, researchers warn that many of our children—our most precious resource—will be seriously afflicted in early adulthood with medical conditions such as diabetes and heart disease. This future is unacceptable. The Surgeon General asks you to join me in combating this crisis. Every one of us has an important role to play in the prevention and control of obesity. Mothers, fathers, teachers, business executives, child care professionals, clinicians, politicians, and government and community leaders—we must all commit to changes that promote the health and wellness of our families and communities. As a nation, we must create neighborhood communities that are focused on healthy nutrition and regular physical activity, where the healthiest choices are accessible for all citizens. Children should be having fun and playing in environments that provide parks, recreational facilities, community centers, and walking and bike paths. Healthy foods should be affordable and accessible. Increased consumer knowledge and awareness about healthy nutrition and physical activity will foster a growing demand for healthy food products and exercise options, dramatically influencing marketing trends. Hospitals, work sites, and communities should make it easy for mothers to initiate and sustain breastfeeding as this practice has been shown to prevent childhood obesity. Working together, we will create an environment that promotes and facilitates healthy choices for all Americans. And we will live longer and healthier lives. In the 2001 Surgeon General's Call to Action to Prevent and Decrease Overweight and Obesity, former Surgeon General David Satcher, MD, PhD, warned us of the negative effects of the increasing weight of our citizens and outlined a public health response to reverse the trend. Although we have made some strides since 2001, the prevalence of obesity, obesity-related diseases, and premature death remains too high. The Surgeon General is calling on all Americans to join in a national grassroots effort to reverse this trend. Plans include showing people how to choose nutritious food, add more physical activity to their daily lives, and manage the stress that so often derails their best efforts at developing healthy habits. The real goal is not just a number on a scale, but optimal health for all Americans at every stage of life. To achieve this goal, we must all work together to share resources, educate our citizens, and partner with business and government leaders to find creative solutions in our neighborhoods, towns, and cities from coast to coast. Together, we can become a nation committed to become healthy and fit.

EARLY CHILDHOOD OBESITY PREVENTION POLICIES

National Academies Press Childhood obesity is a serious health problem that has adverse and long-lasting consequences for individuals, families, and communities. The magnitude of the problem has increased dramatically during the last three decades and, despite some indications of a plateau in this growth, the numbers remain stubbornly high. Efforts to prevent childhood obesity to date have focused largely on school-aged children, with relatively little attention to children under age 5. However, there is a growing awareness that efforts to prevent childhood obesity must begin before children ever enter the school system. Early Childhood Obesity Prevention Policies reviews factors related to overweight and obese children from birth to age 5, with a focus on nutrition, physical activity, and sedentary behavior, and recommends policies that can alter children's environments to promote the maintenance of healthy weight. Because the first years of life are important to health and well-being throughout the life span, preventing obesity in infants and young children can contribute to reversing the epidemic of obesity in children and adults. The book recommends that health care providers make parents aware of their child's excess weight early. It also suggests that parents and child care providers keep children active throughout the day, provide them with healthy diets, limit screen time, and ensure children get adequate sleep. In addition to providing comprehensive solutions to tackle the problem of obesity in infants and young children, Early Childhood Obesity Prevention Policies identifies potential actions that could be taken to implement those recommendations. The recommendations can inform the decisions of state and local child care regulators, child care providers, health care providers, directors of federal and local child care and nutrition programs, and government officials at all levels.

GLOBAL PERSPECTIVES ON CHILDHOOD OBESITY

CURRENT STATUS, CONSEQUENCES AND PREVENTION

Academic Press Understanding the complex factors contributing to the growing childhood obesity epidemic is vital not only for the improved health of the world's future generations, but for the healthcare system. The impact of childhood obesity reaches beyond the individual family and into the public arenas of social systems and government policy and programs. Global Perspectives on Childhood Obesity explores these with an approach that considers the current state of childhood obesity around the world as well as future projections, the most highly cited factors contributing to childhood obesity, what it means for the future both for children and society, and suggestions for steps to address and potentially prevent childhood obesity. This book will cover the multi-faceted factors contributing to the rapidly growing childhood obesity epidemic. The underlying causes and current status of rapidly growing obesity epidemic in children in the global scenario will be discussed. The strategies for childhood obesity prevention and treatment such as physical activity and exercise, personalized nutrition plans and school and community involvement will be presented.

HEALTH AT A GLANCE 2017 OECD INDICATORS

OECD INDICATORS

OECD Publishing This new edition of Health at a Glance presents the most recent comparable data on the health status of populations and health system performance in OECD countries.

EARLY CHILDHOOD STUDIES

Routledge First published in 2008. Routledge is an imprint of Taylor & Francis, an informa company.

THE EXCEPTIONAL CHILD: INCLUSION IN EARLY CHILDHOOD EDUCATION

Cengage Learning Filled with classic and current research about all aspects of educating young children with special needs, **THE EXCEPTIONAL CHILD: INCLUSION IN EARLY CHILDHOOD EDUCATION**, 8th Edition, discusses key approaches and tools needed to provide an optimal setting for young exceptional children with special needs and their families. Many checklists and forms are included for use within the classroom to aid teachers and caregivers in developing a developmentally appropriate environment. The book's friendly and easy-to-use format is useful whether you are an educator or parent/caregiver. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

AN INTRODUCTION TO PRIMARY PHYSICAL EDUCATION

Routledge Physical Education is a core component of the primary school curriculum. The primary years are perhaps the most significant period for motor development in children, a time during which basic movement competencies are developed and which offers the first opportunity for embedding physical activity as part of a healthy lifestyle. This is the first comprehensive introduction to the teaching of PE in the primary school to be written exclusively by primary PE specialists, with primary school teaching experience. The book highlights the importance of PE in the primary curriculum and the key issues facing primary teachers today, such as inclusion, training needs and the development of creativity. Central to the book are core chapters that examine each functional area common to many primary PE syllabi – including games, dance, gymnastics, athletics and outdoor learning – and give clear, practical guidance on how to teach each topic. Rooted throughout in sound theory and the latest evidence and research, this book is essential reading for all students, trainee teachers and qualified teachers looking to understand and develop their professional practice in primary Physical Education.

OBESITY AND THE ECONOMICS OF PREVENTION FIT NOT FAT

FIT NOT FAT

OECD Publishing This book examines the scale and characteristics of the obesity epidemic, the respective roles and influence of market forces and governments, and the impact of interventions.

BRIDGING THE EVIDENCE GAP IN OBESITY PREVENTION

A FRAMEWORK TO INFORM DECISION MAKING

National Academies Press To battle the obesity epidemic in America, health care professionals and policymakers need relevant, useful data on the effectiveness of obesity prevention policies and programs. Bridging the Evidence Gap in Obesity Prevention identifies a new approach to decision making and research on obesity prevention to use a systems perspective to gain a broader understanding of the context of obesity and the many factors that influence it.

GUIDELINE: SUGARS INTAKE FOR ADULTS AND CHILDREN

World Health Organization This guideline provides updated global, evidence-informed recommendations on the intake of free sugars to reduce the risk of NCDs in adults and children, with a particular focus on the prevention and control of unhealthy weight gain and dental caries. The recommendations in this guideline can be used by policy-makers and programme managers to assess current intake levels of free sugars in their countries relative to a benchmark. They can also be used to develop measures to decrease intake of free sugars, where necessary, through a range of public health interventions. Examples of such interventions and measures that are already being implemented by countries include food and nutrition labelling, consumer education, regulation of marketing of food and non-alcoholic beverages that are high in free sugars, and fiscal policies targeting foods and beverages that are high in free sugars. This guideline should be used in conjunction with other nutrient guidelines and dietary goals, in particular those related to fats and fatty acids (including saturated fatty acids and trans-fatty acids), to guide development of effective public health nutrition policies and programmes to promote a healthy diet.

PROMOTING CHILDREN'S WELLBEING

POLICY AND PRACTICE

Policy Press This title examines the wide-ranging and growing number of policies and practices which are intended to contribute to children's wellbeing.

FOOD MARKETING TO CHILDREN AND YOUTH

THREAT OR OPPORTUNITY?

National Academies Press Creating an environment in which children in the United States grow up healthy should be a high priority for the nation. Yet the prevailing pattern of food and beverage marketing to children in America represents, at best, a missed opportunity, and at worst, a direct threat to the health prospects of the next generation. Children's dietary and related health patterns are shaped by the interplay of many factors—their biologic affinities, their culture and values, their

economic status, their physical and social environments, and their commercial media environments—all of which, apart from their genetic predispositions, have undergone significant transformations during the past three decades. Among these environments, none have more rapidly assumed central socializing roles among children and youth than the media. With the growth in the variety and the penetration of the media have come a parallel growth with their use for marketing, including the marketing of food and beverage products. What impact has food and beverage marketing had on the dietary patterns and health status of American children? The answer to this question has the potential to shape a generation and is the focus of *Food Marketing to Children and Youth*. This book will be of interest to parents, federal and state government agencies, educators and schools, health care professionals, industry companies, industry trade groups, media, and those involved in community and consumer advocacy.

CHILDHOOD OBESITY AND EDUCATIONAL ATTAINMENT

A SYSTEMATIC REVIEW

ADDRESSING ADVERSITY

PRIORITISING ADVERSITY AND TRAUMA-INFORMED CARE FOR CHILDREN AND YOUNG PEOPLE IN ENGLAND.

YoungMinds / Health Education England / Human-Experience / An edited collection of papers published by YoungMinds and funded by Health Education England. With 1 in 3 adult mental health conditions related directly to adverse childhood experiences, it is vital that we understand the impact that adversity and trauma can have on the mental health and wellbeing of young people, and how we can strengthen resilience and support recovery. Addressing Adversity presents evidence, insight, direction and case studies for commissioners, providers and practitioners in order to stimulate further growth in adversity and trauma-informed care, and spark innovation and good practice across England. Section 1: Understanding adversity, trauma and resilience includes evidence and analysis of the impact that adverse childhood experiences and trauma have on children and young people's mental health and wider outcomes across the lifecourse. Section 2: Addressing childhood adversity and trauma includes insights from the NHS in England, organisations and clinicians working with children and young people who have experienced forms of adversity and trauma. Section 3: Emerging good practice includes insight, case studies and working examples of adversity and trauma-informed service models being developed across England. The collection ends with an agenda for change, calling on all Directors of Public Health, commissioners and providers to make adversity and trauma-informed care a priority in their locality.

THE NEW PUBLIC HEALTH

Academic Press The New Public Health has established itself as a solid textbook throughout the world. Translated into 7 languages, this work distinguishes itself from other public health textbooks, which are either highly locally oriented or, if

international, lack the specificity of local issues relevant to students' understanding of applied public health in their own setting. This 3e provides a unified approach to public health appropriate for all masters' level students and practitioners—specifically for courses in MPH programs, community health and preventive medicine programs, community health education programs, and community health nursing programs, as well as programs for other medical professionals such as pharmacy, physiotherapy, and other public health courses. Changes in infectious and chronic disease epidemiology including vaccines, health promotion, human resources for health and health technology Lessons from H1N1, pandemic threats, disease eradication, nutritional health Trends of health systems and reforms and consequences of current economic crisis for health Public health law, ethics, scientific d health technology advances and assessment Global Health environment, Millennium Development Goals and international NGOs

ASSESSING PREVALENCE AND TRENDS IN OBESITY

NAVIGATING THE EVIDENCE

National Academies Press Obesity has come to the forefront of the American public health agenda. The increased attention has led to a growing interest in quantifying obesity prevalence and determining how the prevalence has changed over time. Estimates of obesity prevalence and trends are fundamental to understanding and describing the scope of issue. Policy makers, program planners, and other stakeholders at the national, state, and local levels are among those who search for estimates relevant to their population(s) of interest to inform their decision-making. The differences in the collection, analysis, and interpretation of data have given rise to a body of evidence that is inconsistent and has created barriers to interpreting and applying published reports. As such, there is a need to provide guidance to those who seek to better understand and use estimates of obesity prevalence and trends. *Assessing Prevalence and Trends in Obesity* examines the approaches to data collection, analysis, and interpretation that have been used in recent reports on obesity prevalence and trends at the national, state, and local level, particularly among U.S. children, adolescents, and young adults. This report offers a framework for assessing studies on trends in obesity, principally among children and young adults, for policy making and program planning purposes, and recommends ways decision makers and others can move forward in assessing and interpreting reports on obesity trends.

SEEING SOCIOLOGY: AN INTRODUCTION

Cengage Learning Offering instructors complete flexibility, *SEEING SOCIOLOGY: AN INTRODUCTION*, 3rd Edition combines up-to-the-minute coverage with an easy-to-manage approach featuring brief, self-contained modules in each chapter that instructors can assign based on the needs of their class. The Third Edition includes such contemporary topics as globalization's connection to technology and gay rights, the anti-aging industry, and The Affordable Care Act, and many others, reflecting the latest developments in the field. Extremely student-friendly and engaging, the text

continues to make photos an integral part of the learning process-resulting in a stronger, more memorable learning experience for students. The new “What Do Sociologists See?” feature includes a sociologist's insights on everyday images, showing students how sociological concepts can be applied to daily life. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

PEDIATRIC HYPERTENSION: UPDATE

Frontiers Media SA

TAXING SODA FOR PUBLIC HEALTH

A CANADIAN PERSPECTIVE

Springer This timely reference analyzes the rationale, impact, and feasibility of taxation of sugar-sweetened beverages (SSBs) as a public health measure to contribute curbing obesity and diabetes rates, specifically in Canada. It presents the pros and cons of taxing soda, with the latest data on adverse health effects of its consumption, plus the various business and political issues surrounding the contentious proposition. Reviewed research is multidisciplinary, spanning health and medicine to ethics, economics, and law. Conclusions and caveats are clear and presented at a comfort level for the general reader. The result is a blueprint for analyzing the relevancy of taxes on sweetened soft drinks or other low-nutrition food products, plus a trove of valuable insights into aspects of government decision-making and consumer food behavior. Included in the coverage: · Reasons for specifically targeting SSBs · SSB taxation as a public health policy instrument · Effects of SSB taxation on energy intakes and population health · Potential undesirable effects relating to SSB taxation · Social and political acceptability of SSB taxation · Evaluability of SSB taxation Taxing Soda for Public Health will interest policymakers, public health professionals, advocacy groups, and researchers at the Canadian and international levels (e.g., in areas such as public health, nutrition, food and health policies, health economics, and evaluation), as well as students and all other parties interested in nutrition policies.

A BEGINNER'S GUIDE TO CRITICAL THINKING AND WRITING IN HEALTH AND SOCIAL CARE

McGraw-Hill Education (UK) This book offers an alternative, realistic and practical approach to help those in health and social care critically appraise what they read and what they see in the workplace.

EPIDEMIOLOGY OF OBESITY IN CHILDREN AND ADOLESCENTS

PREVALENCE AND ETIOLOGY

Springer Science & Business Media Despite adults' best preventive efforts, childhood obesity is on the rise in most areas of the world, and with it the prevalence of Type 2 diabetes, hypertension, cardiovascular disease, and other formerly adult-onset

conditions. Epidemiology of Obesity in Children and Adolescents takes the global ecological approach that is needed to understand the scope of the problem and its multiple causes and mechanisms, and to aid in developing more effective prevention and intervention programs. In the book's first half, experts present a descriptive summary of youth obesity trends in ten world regions, broken down by age group, gender, socioeconomic status, and risk factors. Complementing these findings, part two reviews the evidence base regarding the variables, separately and in combination, having the most significant impact on young people's development of obesity, including:

- Genetic and nutrigenomic factors.
- Environmental and psychosocial factors, such as family shopping and eating habits and access to healthful foods.
- Neuroendocrine regulation.
- Prenatal and neonatal factors (e.g., gestational diabetes of the mother).
- Dietary factors, from nutrient content to young people's food preferences.
- Physical activity versus sedentary behavior.

Epidemiology of Obesity in Children and Adolescents is necessary reading for the range of professionals involved in curtailing this epidemic, including public health specialists, epidemiologists, pediatricians, nurses, nutritionists, psychologists, health educators, and policymakers.

"A PLAN FOR ACTION".

ADIPOSIITY

EPIDEMIOLOGY AND TREATMENT MODALITIES

BoD - Books on Demand This book is the first in a series of two, featuring the Adiposity - Epidemiology and Treatment Modalities, serving as a summary of the traditional views on how the organ systems are affected when higher organs start to suffer from enhanced body weight, where most of this additional weight consists of white adipose tissue (WAT). The understanding of the "epidemiology" of obesity will consequently enable clinicians and researchers to better understand the untoward "trends" of "metabolic aberrations" from a well-organized and health-bringing homeostasis, with fully responding WAT and BAT, thus enabling a balance between fat-producing and fat-metabolizing tissues for the benefit of the various organ systems taking care of the fat and carbohydrate metabolism, normally yielding a balanced energy turnover, ensuring "healthy" cell phenotypes, which optimally coordinate the energy metabolism in a well-functioning organism throughout a lifetime.

STORING UP PROBLEMS

THE MEDICAL CASE FOR A SLIMMER NATION

Royal College of Physicians This report examines the complex social cause of the obesity 'epidemic', and recommends a range of public health measures, at national and local level, that are needed to address it.

THE STATE OF FOOD SECURITY AND NUTRITION IN THE WORLD 2019

SAFEGUARDING AGAINST ECONOMIC SLOWDOWNS AND DOWNTURNS

Food & Agriculture Org. This year's report presents evidence that the absolute number of people who suffer from hunger continues to slowly increase. The report also highlights that food insecurity is more than just hunger. For the first time, the report provides evidence that many people in the world, even if not hungry, experience moderate food insecurity as they face uncertainties about their ability to obtain food and are forced to compromise on the quality and/or quantity of the food they consume. This phenomenon is observed globally, not only in low- and middle-income countries but also in high income countries. The report also shows that the world is not on track to meet global nutrition targets, including those on low birthweight and on reducing stunting among children under five years. Moreover, overweight and obesity continue to increase in all regions, particularly among school-age children and adults. The report stresses that no region is exempt from the epidemic of overweight and obesity, underscoring the necessity of multifaceted, multisectoral approaches to halt and reverse these worrying trends. In light of the fragile state of the world economy, the report presents new evidence confirming that hunger has been on the rise for many countries where the economy has slowed down or contracted. Unpacking the links between economic slowdowns and downturns and food insecurity and malnutrition, the report contends that the effects of the former on the latter can only be offset by addressing the root causes of hunger and malnutrition: poverty, inequality and marginalization.

CHILDREN'S DEVELOPMENT DURING SOCIAL TRANSITION

Frontiers Media SA

LEGACIES OF THE WAR ON POVERTY

Russell Sage Foundation Many believe that the War on Poverty, launched by President Johnson in 1964, ended in failure. In 2010, the official poverty rate was 15 percent, almost as high as when the War on Poverty was declared. Historical and contemporary accounts often portray the War on Poverty as a costly experiment that created doubts about the ability of public policies to address complex social problems. Legacies of the War on Poverty, drawing from fifty years of empirical evidence, documents that this popular view is too negative. The volume offers a balanced assessment of the War on Poverty that highlights some remarkable policy successes and promises to shift the national conversation on poverty in America. Featuring contributions from leading poverty researchers, Legacies of the War on Poverty demonstrates that poverty and racial discrimination would likely have been much greater today if the War on Poverty had not been launched. Chloe Gibbs, Jens Ludwig, and Douglas Miller dispel the notion that the Head Start education program does not work. While its impact on children's test scores fade, the program contributes to participants' long-term educational achievement and, importantly, their earnings growth later in life. Elizabeth Cascio and Sarah Reber show that Title I legislation reduced the school funding gap between poorer and richer states and prompted Southern school districts to desegregate, increasing educational

opportunity for African Americans. The volume also examines the significant consequences of income support, housing, and health care programs. Jane Waldfogel shows that without the era's expansion of food stamps and other nutrition programs, the child poverty rate in 2010 would have been three percentage points higher. Kathleen McGarry examines the policies that contributed to a great success of the War on Poverty: the rapid decline in elderly poverty, which fell from 35 percent in 1959 to below 10 percent in 2010. Barbara Wolfe concludes that Medicaid and Community Health Centers contributed to large reductions in infant mortality and increased life expectancy. Katherine Swartz finds that Medicare and Medicaid increased access to health care among the elderly and reduced the risk that they could not afford care or that obtaining it would bankrupt them and their families. Legacies of the War on Poverty demonstrates that well-designed government programs can reduce poverty, racial discrimination, and material hardships. This insightful volume refutes pessimism about the effects of social policies and provides new lessons about what more can be done to improve the lives of the poor.

THE STATE OF FOOD SECURITY AND NUTRITION IN THE WORLD 2019

SAFEGUARDING AGAINST ECONOMIC SLOWDOWNS AND DOWNTURNS

United Nations The State of Food Security and Nutrition in the World gives updates on the prevalence of undernourishment globally and the absolute number of undernourished, as well as the latest estimates for a number of global nutrition targets. This latest edition looks at the role of economic slowdowns and downturns in the rise of hunger and makes policy recommendations to safeguard food security and nutrition worldwide.

INTRODUCTION TO EARLY CHILDHOOD EDUCATION

A DEVELOPMENTAL PERSPECTIVE

Prentice Hall Armed with the mantra knowledge before action, this introduction to early childhood education allows teachers to first understand the development of the whole child and then to plan an environment and curriculum that will allow them to learn and thrive. Using a largely developmental approach, this first edition text explores both time-honored theories of early childhood development and current models and modern research in the field. Part One of the text discusses the history and theories of childhood development, while Part Two instructs teachers how to support children's emotional, social, cognitive, and physical development. The final section of the book explains how to assessment and guidance to support children and how to implement developmentally appropriate curriculum in the classroom. This text is supplemented with a number of features and ancillaries that make learning easier for students and teaching easier for instructors. Students will benefit from the many boxed activities and aides as well as by the online features contained in MyEducationLab. Teachers may take advantage of the online instructors' guide, online test bank, numerous videos, and PowerPoint slides.

URBAN SPRAWL AND PUBLIC HEALTH

DESIGNING, PLANNING, AND BUILDING FOR HEALTHY COMMUNITIES

Island Press 'Urban Sprawl and Public Health' offers a survey of the impact that the built environment can have on the health of the people who inhabit our cities. The authors go on to suggest ways in which the design of cities could be improved & have a positive impact on the well-being of their citizens.

SOCIAL RESEARCH METHODS 6E

Oxford University Press Clear, comprehensive, and trusted, Bryman's Social Research Methods has guided over a quarter of a million students through their research methods course and student research project. The thoroughly updated sixth edition offers unrivalled coverage of quantitative, qualitative, and mixed methods with renewed focus and a fresh, modern feel.

OBESITY

PREVENTING AND MANAGING THE GLOBAL EPIDEMIC

World Health Organization This report issues a call for urgent action to combat the growing epidemic of obesity, which now affects developing and industrialized countries alike. Adopting a public health approach, the report responds to both the enormity of health problems associated with obesity and the notorious difficulty of treating this complex, multifactorial disease. With these problems in mind, the report aims to help policy-makers introduce strategies for prevention and management that have the greatest chance of success. The importance of prevention as the most sensible strategy in developing countries, where obesity coexists with undernutrition, is repeatedly emphasized. Recommended lines of action, which reflect the consensus reached by 25 leading authorities, are based on a critical review of current scientific knowledge about the causes of obesity in both individuals and populations. While all causes are considered, major attention is given to behavioural and societal changes that have increased the energy density of diets, overwhelmed sophisticated regulatory systems that control appetite and maintain energy balance, and reduced physical activity. Specific topics discussed range from the importance of fat content in the food supply as a cause of population-wide obesity, through misconceptions about obesity held by both the medical profession and the public, to strategies for dealing with the alarming prevalence of obesity in children. The report has eleven chapters presented in five parts. Part one, which assesses the magnitude of the problem, explains the system for classifying overweight and obesity based on the body mass index, considers the importance of fat distribution, and provides an overview of trends in all regions of the world, concluding that obesity is increasing worldwide at an alarming rate. Chapters in part two evaluate the true costs of obesity in terms of physical and mental ill health, and the human and financial resources diverted to deal with these problems. Specific health consequences discussed include increased risk of cardiovascular disease, cancer, and other noncommunicable diseases, endocrine and metabolic

disturbances, debilitating health problems, and psychological problems. The health benefits and risks of weight loss are also assessed. Part three draws on the latest research findings to consider specific factors involved in the development of overweight and obesity. Discussion centres on factors, such as high intakes of fat, that may disrupt normal physiological regulation of appetite and energy balance, and the role of dietary factors and levels of physical activity. In terms of opportunities for prevention, particular attention is given to the multitude of environmental and societal forces that adversely affect food intake and physical activity and may thus overwhelm the physiological regulatory systems that keep weight stable in the long term. The possible role of genetic and biological susceptibility is also briefly considered. Against this background, the fourth and most extensive part maps out strategies for prevention and management at both the population and individual levels. Separate chapters address the need to develop population-based strategies that tackle the environmental and societal factors implicated in the development of obesity, and compare the effectiveness of current options for managing overweight or obese individuals. Specific strategies discussed include dietary management, physical activity and exercise programmes, behaviour modification, drug treatment, and gastric surgery. While noting striking recent progress in the development of drug treatments, the report concludes that gastric surgery continues to show the best long-term success in treating the severely obese. The final part sets out key conclusions and recommendations for responding to the global obesity epidemic and identifies priority areas where more research is urgently needed. "... the volume is clearly written, and carries a wealth of summary information that is likely to be invaluable for anyone interested in the public health aspects of obesity and fatness, be they students, practitioner or researcher." - Journal of Biosocial Science

ACCELERATING PROGRESS IN OBESITY PREVENTION

SOLVING THE WEIGHT OF THE NATION

National Academies Press One-third of adults are now obese, and children's obesity rates have climbed from 5 to 17 percent in the past 30 years. The causes of the nation's obesity epidemic are multi-factorial, having much more to do with the absence of sidewalks and the limited availability of healthy and affordable foods than a lack of personal responsibility. The broad societal changes that are needed to prevent obesity will inevitably affect activity and eating environments and settings for all ages. Many aspects of the obesity problem have been identified and discussed; however, there has not been complete agreement on what needs to be done to accelerate progress. *Accelerating Progress in Obesity Prevention* reviews previous studies and their recommendations and presents five key recommendations to accelerate meaningful change on a societal level during the next decade. The report suggests recommendations and strategies that, independently, can accelerate progress, but urges a systems approach of many strategies working in concert to maximize progress in accelerating obesity prevention. The recommendations in *Accelerating Progress in Obesity Prevention* include major reforms in access to and opportunities for physical activity; widespread reductions in the availability of

unhealthy foods and beverages and increases in access to healthier options at affordable, competitive prices; an overhaul of the messages that surround Americans through marketing and education with respect to physical activity and food consumption; expansion of the obesity prevention support structure provided by health care providers, insurers, and employers; and schools as a major national focal point for obesity prevention. The report calls on all individuals, organizations, agencies, and sectors that do or can influence physical activity and nutrition environments to assess and begin to act on their potential roles as leaders in obesity prevention.

PINOCCHIO, THE TALE OF A PUPPET

Pinocchio, The Tale of a Puppet follows the adventures of a talking wooden puppet whose nose grew longer whenever he told a lie and who wanted more than anything else to become a real boy. As carpenter Master Antonio begins to carve a block of pinewood into a leg for his table the log shouts out, "Don't strike me too hard!" Frightened by the talking log, Master Cherry does not know what to do until his neighbor Geppetto drops by looking for a piece of wood to build a marionette. Antonio gives the block to Geppetto. And thus begins the life of Pinocchio, the puppet that turns into a boy. Pinocchio, The Tale of a Puppet is a novel for children by Carlo Collodi is about the mischievous adventures of Pinocchio, an animated marionette, and his poor father and woodcarver Geppetto. It is considered a classic of children's literature and has spawned many derivative works of art. But this is not the story we've seen in film but the original version full of harrowing adventures faced by Pinnocchio. It includes 40 illustrations.