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Running with Champions A Midlife Journey on the Iditarod Trail Graphic Arts Books An inspiring book about dedication, the love of dogs, and the physical endurance and mental toughness needed to run the Iditarod sled dog race -- from a female perspective. Lisa Frederic didn't set out to run the Iditarod. She just fell in love with the event and wanted to help. She ended up working as a volunteer for the Trail Committee at various checkpoints. Then she helped Iditarod champion Jeff King train his puppies. She had never mushed before. She was a rookie, but a rookie with heart and drive. She started out with short races and eventually raced the 1,049 miles from Anchorage to Nome in the Iditarod. Her story speaks to everyone who has ever followed a dream and found that the dream realized is even bigger than the imagined one. The Alaska Almanac Facts about Alaska Graphic Arts Center Publishing Co. An updated reference about America's forty-ninth state brings together information about Alaska's population, geography, government, employment, banking, business, transportation, agriculture, industry, and culture. Original. Alaska Homesteader's Handbook Independent Living on the Last Frontier Graphic Arts Books The Alaska Homesteader's Handbook is a remarkable compilation of practical information for living in one of the most impractical and inhospitable landscapes in the United States. More than forty pioneer types ranging from their mid-nineties to mid-twenties describe their reasons for choosing to live their lives on Alaska and offer useful instructions and advice that made that life more livable. Whether it's how to live among bears, build an outhouse, cross a river, or make birch syrup, each story gives readers a window to a life most will never know but many still dream about. Dozens of photographs and more than 100 line drawings illustrate the real-life experiences of Alaska settlers such as 1930s New Deal colonists, demobilized military who stayed after World War II, dream seekers from the '60s and '70s, and myriad others who staked their claim in Alaska. Alaska Almanac Alaska Northwest Books The 31st edition of this trusted almanac guides readers toward a thorough understanding of the weird and wonderful state of Alaska. New Books on Women and Feminism American Book Publishing Record The Encyclopedia of Women's Travel and Exploration Greenwood Offers insights into why and how women travel, emphasizing the ways women's experiences, concerns, and motivations are unique. Awakening at Midlife Penguin Fraught with physical, relational, professional, and psychological changes, midlife can be a challenging time. But according to Jungian-oriented psychotherapist Kathleen Brehony, "transformation at midlife offers unparalleled opportunities for a rich, meaningful second half of life." With special sections on recovering childhood dreams, enriching creative expression, learning to appreciate our physical selves, heightening consciousness, and more, this guide is a wake-up call for anyone who wants to reassess one's beliefs and find a path that leads to greater fulfillment, happiness, and passion for life's journey. The Tooth of Time A Maxie and Stretch Mystery Penguin Heading for New Mexico in her mini-Winnebago, Maxie McNabb and her dog, Stretch, find their cross-country odyssey interrupted by the attempted suicide of a local woman despondent over the infidelity of her middle-aged husband. The Grace to Race The Wisdom and Inspiration of the 80-Year-Old World Champion Triathlete Known as the Iron Nun Simon and Schuster SISTER MADONNA BUDER is 80 years old, has run more than 340 triathlons, and doesn't know what all the fuss is about. In The Grace to Race, she shares the no-nonsense spirit and deep faith that inspired her extraordinary journey from a prominent St. Louis family to a Catholic Convent and finally to championship finish lines all over the world. As a beautiful young woman, she became an elegant equestrian and accomplished amateur actress. But as she describes in this intimate memoir, she had a secret plan as early as 14: she wanted to devote her life to God. After being courted by the most eligible bachelors in her hometown, she chose a different path and became a Sister of the Good Shepherd. She lived a mostly cloistered life as a Nun until her late forties, when a Priest suggested she take a run on the beach. She dug up a pair of shorts in a pile of donated clothes, found a pair of second-hand tennis shoes, and had a second epiphany. This time, she discovered the spiritual joy of pushing her body to the limit and of seeing God's natural world in all its splendor. More than thirty years later, she is known as the Iron Nun for all the triathlons she has won. Just five years ago, the age 75-79 category was created for her at the Hawaiian Ironman in Kona, where she completed a 2.4-mile swim, a 112-mile bike ride, and a full 26.2-mile marathon in record time. Now she has set her sights on a new goal: inaugurating another new Ironman age group, 80-84, in 2010. Sister Madonna holds dozens of records, has broken dozens of bones, and tells of dozens of miracles and angels that propelled her to a far-flung race. "It is my faith that has carried me through life's ups and downs," she writes. "Whenever injured, I wait for the Lord to pick me up again and set me on my feet, confidently reminding Him, 'God, you know, my intent is to keep running toward you.'" The Grace to Race is the courageous story of a woman who broke with convention, followed her heart, and found her higher mission. Quiet Defiance The Empty Chair Story After Japan bombed Pearl Harbor on December 7, 1941, people of Japanese ancestry living on America's West Coast, including Alaska, were forcibly removed from their homes and jailed in detention camps. Understanding the scope of Japanese treatment during World War II requires acknowledging the unique and personal experiences of Japanese Americans, which have rarely included those living in Alaska. This book begins to rectify that omission by looking at the Japanese community of Juneau, Alaska when it was a small, tightly knit and remote community accessible only by boat. The story revolves around a key event involving John Tanaka, a senior and designated class valedictorian. Before he and his family were shipped out of Juneau, a special assembly was held at the Juneau High School where John received an early diploma. However, later at the actual graduation ceremony, in an act of quiet defiance, his chair was left empty to express the void and injustice felt by the community for him and other missing friends and neighbors. What unfolds is an account of how Japanese Americans living in Juneau between 1941 and 1951 reacted to their forced removal from Juneau in 1942, and how their spirit and resolve helped them live during their imprisonment and renewed their lives following it. The story also shows how the Juneau community's cross-cultural ties and friendships rallied support for their missing friends during and after incarceration, which led to a quest for justice over 70 years later. The Canine Thyroid Epidemic Dogwise Publishing Problems with your dog? It may be his thyroid! If your dog is lethargic, losing his hair, gaining weight or suddenly becomes aggressive, perhaps the last thing you (or your vet!) would think about is his thyroid. Unfortunately, however, thyroid disorders can cause literally dozens of health and behavioral problems in dogs and frequently go undiagnosed or are misdiagnosed. And the real tragedy is that most thyroid problems are treatable with the right medical care and a well-informed owner can often minimize the chance of a thyroid disorder occurring in the first place. Noted veterinarian Jean Dodds and co-author Diana Laverdure have done the dog owning public and their vets a great service by writing The Canine Thyroid Epidemic. The book is written in such a way to inform both the average dog owner and animal health care professionals about the ways in which thyroid disorders occur, can be prevented and treated. Winterdance The Fine Madness of Running the Iditarod Houghton Mifflin Harcourt Paulsen and his team of dogs endured snowstorms, frostbite, dogfights, moose attacks, sleeplessness, and hallucinations in the relentless push to go on. Map and color photographs. The 4-hour Work Week Escape the 9-5, Live Anywhere and Join the New Rich Random House Tim Ferriss has trouble defining what he does for a living. Depending on when you ask this controversial Princeton University guest lecturer, he might answer: I race motorcycles in Europe I ski in the Andes I scuba dive in Panama I dance tango in Drinking the Rain A Memoir Macmillan At fifty, Alix Kates Shulman left a city life dense with political activism, family, and literary community, and went to stay alone in a small cabin on an island off the Maine coast. Race Across Alaska First Woman to Win the Iditarod Tells Her Story Turtleback The adventure of Libby Riddles, first woman to win the Iditarod Marathon sled dog race. Iditarod Alaska Life of a Long Distance Sled Dog Musher Burton Bomhoff For many, Alaska's golden years were at the turn of the last century when gold miners and fur traders plied the rivers and trails of this great Alaska in search of adventure and fortune. Men, tough guys who had character, traveled by foot, riverboat and dog team through a land where few could survive, much less thrive. It wasn't just the adventure; it was the grandeur of Alaska, the deep woods, the open tundra and the rugged mountains. And it was also the life that meant so much. The fellowship of friends sitting around a campfire talking of things simple but important, things of the deep woods where the wolves howled and the northern lights danced across a clear, black, star studded sky. This same life, these people and the husky sled dogs were found along the Iditarod race trail during the 1980s. Burt describes the life in a small wilderness cabin, the comradeship of friends around a campfire, the dogs, the characters and the great Alaska wilderness. It brings back fond memories for us who lived it and tells in detail of these great times for others who want to know what it was really like. The 4-Hour Work Week Escape 9-5, Live Anywhere, and Join the New Rich Crown Offers techniques and strategies for increasing income while cutting work time in half, and includes advice for leading a more fulfilling life. The Iditarod Alaska Northwest Books Alaska Geographic is an award-winning series that presents the people, places, and wonders of Alaska to the world. Over the past 30 years, Alaska Geographic has earned its reputation as the publication for those who love Alaska. The series boasts more than 100 books to date, featuring communities from Barrow to Ketchikan, animals from bears to dinosaurs, history from the Russian explorers to today, and natural phenomena from the aurora to glaciers. Written by leading experts in their fields, these books are illustrated throughout with world-class photography and include colorful maps for reference. The Word Rhythm Dictionary A Resource for Writers, Rappers, Poets, and Lyricists Scarecrow Press This new kind of dictionary reflects the use of "rhythm rhymes" by rappers, poets, and songwriters of today. Users can look up words to find collections of words that have the same rhythm as the original and are useable in ways that are familiar to us in everything from vers libre poetry to the lyrics and music of Bob Dylan and hip hop groups. My Lead Dog Was A Lesbian Mushing Across Alaska in the Iditarod--the World's Most Grueling Race Vintage The Iditarod may be the only race that awards a prize for last place. But then how many people can even complete a course that ranges across 1,000 miles of Alaska's ice fields, mountains, and canyons at temperatures that sometimes plunges to 100 degrees below zero? In conditions like these, anything can go wrong. For Brian Patrick O'Donoghue, nearly everything did. In My Lead Dog Was a Lesbian, his reporter and intrepid novice musher tells what happened when he entered the 1991 Iditarod, along with seventeen sled dogs with names like Harley, Screech, and Rainy, his sexually confused lead dog. O'Donoghue braved snowstorms and sickening wipeouts, endured the contempt of more experienced racers (one of whom was daft enough to use poodles), and rode herd of four-legged companions who would rather be fighting or having sex. It's all here, narrated with self-deprecating wit, in a true story of heroism, cussedness and astonishing dumb luck. The Production of Educational Knowledge in the Global Era Sense Pub What impact does globalization have on the production of educational knowledge, and on the way scholars envisage education systems and education in general? Western education systems are being transformed, and their role redefined, in light of the processes of globalization: education targets are being reshaped in response to global economic needs; education systems are rated according to international rankings and education itself has been packaged into a commodity that can be commercialized worldwide. In addition, globalization prompts more intimate contact with different types of societies, cultures and knowledge that defy our universal foundations and research tools. Has educational knowledge developed in a way that enables us to disentangle the new education configurations? In order to respond to this question this edited volume addresses four major challenges: 1. to understand the denationalization of education and the need to re-conceptualize this transformation. 2. to uncover the agents and the tools of educational globalization, such as the knowledge producers, international organizations and role of statistics. 3. to explore the implications of the emerging international educational institutions and international curricula. 4. to understand non-western education and integrating it

into western educational knowledge. These challenges are located at the core of the production of educational knowledge and are treated from a variety of viewpoints: sociological quantitative and qualitative scholarship, ethnographic accounts, socio-historical perspectives and philosophical reflections. This book contributes to critical thinking about globalization and educational knowledge and, at the same time, opens our spirits to the theoretical opportunities and educational enrichment that the globalization era offers. This is a compelling collection for anthropologists, sociologists, educational researchers, and anyone who seeks to understand the need of new modes of thinking about education in the global era. CONTRIBUTORS: Robert Arno, Aaron Benavot, Eyal Ben Ari, Roser Cusso, Yossi Dahan, Roger Dale, Oren Lallo, Julia Lerner, Orna Naftali, Julia Resnik, Susan Robertson, Philip Wexler and Yossi Yonah. About the editor: Julia Resnik is a sociologist of education at the Hebrew University of Jerusalem. She is a comparatist who specializes in the globalization of educational and the author of numerous articles on educational reforms published in international journals such as *Comparative Education Review*, *Journal of Education Policy* and *Oxford Review of Education*. Dogs on the Trail A Year in the Life Ecco A delightful photographic journey into a year in the life of a team of sled dogs, based on Braverman's wildly popular Twitter feed When Blair Braverman started posting pictures of her dog team on Twitter, she had no idea the response she would get. Being a musher, after all, isn't just about racing--raising dogs from puppyhood to retirement (and beyond) is a full-time job. She and her husband, musher Quince Mountain, wanted to share stories about life with their dog team. And not just the big stuff, like expeditions and wild animal encounters, but also the everyday things: the challenge of storing a thousand pounds of raw meat, scouting new trails with the dogs, the decisions that go into putting a team together, how she trains puppies to be brave. These were goofy stories, scary stories, heartfelt stories, stories that clearly connected with people and kept going viral. Inspired by those connections, Dogs on the Trail is a chronicle of a year in the life of their dog team. Beginning in the fall as the weather starts to cool, training on both dry land and in the snow, then camping and racing. Spring brings mud--lousy for sledding, but the dogs love it. And summer is the season of puppies. The book ends on a beginning, in anticipation of the adventurous lives that the new pups have in store. An irresistible adventure, Dogs on the Trail will delight and entertain while taking you inside a musher's world, and showing you why the wilderness isn't simply a place to visit but also a home to return to. Extreme Running Anova Books Running is an inexpensive, practical, and convenient sport, but some take it to the limit. From cold-weather running in Alaska to the intense heat of the Sahara Marathon, athletes attempt to overcome the elements. Extremes of environment, route, and geography are another challenge: trails through dense jungle and over soaring mountain ranges. The rewards are experiences of a lifetime, the sense of having been to largely unexplored places, and realizing unique ambitions. Never before has there been a manual to pull together all the elements of this new but fast-growing sport, touching on every aspect from lone desert running to ultramarathons. The follow-up to Extreme Golf and Extreme Sailing, this third volume is a must-have for all runners. The Cruellest Miles: The Heroic Story of Dogs and Men in a Race Against an Epidemic W. W. Norton & Company "A stirring tale of survival, thanks to man's best friend." —Seattle Times When a deadly diphtheria epidemic swept through Nome, Alaska, in 1925, the local doctor knew that without a fresh batch of antitoxin, his patients would die. The lifesaving serum was a thousand miles away, the port was icebound, and planes couldn't fly in blizzard conditions—only the dogs could make it. The heroic dash of dog teams across the Alaskan wilderness to Nome inspired the annual Iditarod Trail Sled Dog Race and immortalized Balto, the lead dog of the last team whose bronze statue still stands in New York City's Central Park. This is the greatest dog story, never fully told until now. Twelve Years a Slave Prabhat Prakashan "Having been born a freeman, and for more than thirty years enjoyed the blessings of liberty in a free State—and having at the end of that time been kidnapped and sold into Slavery, where I remained, until happily rescued in the month of January, 1853, after a bondage of twelve years—it has been suggested that an account of my life and fortunes would not be uninteresting to the public." -an excerpt Facing Bipolar The Young Adult's Guide to Dealing with Bipolar Disorder New Harbinger Publications When you travel to a new city, it helps to have a map close at hand. On the first day of school, you need to have your schedule of classes. And if you've been diagnosed with bipolar disorder or suspect you may have it, then it's even more important to have a guidebook within reach. Facing Bipolar will help you navigate the world of medications, therapists, and the up-and-down mood cycles common to the disorder. It clearly explains what bipolar disorder is and provides sound guidance for developing the necessary coping skills to manage its impact on your life. In this book you'll discover: •How therapy and medications can help •When and how to tell your friends, roommates, and teachers •The four key factors that will bring more stability to your life•How to develop a support network and access college resources •Ways to overcome the challenges in accepting this illness Straightforward Advanced. Student's book MacMillan Education, Limited Ideal for teachers looking for an easy-to-use adult general English course, Straightforward, is flexible and simple to use, based around 12 topics per level. It always takes the most suitable methodological approach to what is being taught, resulting in the perfect balance of skills and language work. Extra section including functional language, writing skills, grammar notes and word lists round off the Students Book.Key Features:Simple enough for new teachers to use; flexible enough for the Open Road A Midlife Memoir of Travel and the National Parks Neal Enterprises INC Fans of Cheryl Strayed's Wild, Bill Bryson's A Walk in the Woods, and Elizabeth Gilbert's Eat, Pray, Love will enjoy author Toby Neal's road trip travel memoir of self-discovery as she and her husband journey through the National Parks! I had a dream to live a "normal" life and I attained it; but along the way, I lost myself. My story began in Freckled: a Memoir of Growing up Wild in Hawaii, but it continued after I married the man of my dreams, completed my education with multiple degrees, had a successful career, and raised two beautiful children. I sacrificed to get to where I was. Though I didn't regret anything, flat on my back in the doctor's office on the cusp of my fiftieth birthday, my health was crumbling. I no longer recognized myself. I turned my head and saw a calendar on the wall: Bryce Canyon National Park in Utah beckoned me with its mysterious sandstone hoodoos. A road trip traveling through the National Parks was just what I needed to rediscover the girl I'd been; it could help me turn a corner into my new career as a writer, and my husband would enjoy a chance to photograph the natural wonders we saw. Sometimes, a twelve-thousand-mile road trip is also a personal quest. An absorbing travel narrative about defining and facing the limitations and opportunities of midlife.An absorbing travel narrative about defining and facing the limitations and opportunities of midlife. —Kirkus Reviews The Folkboat Story From Cult to Classicthe Renaissance of a Legend Sheridan House, Inc. Dieter Loibner, an editor and boating writer, holds a Ph.D. in journalism. He has contributed hundreds of articles on sailing to newspapers and magazines around the world. He lives in Oakland, California. The Know-It-All One Man's Humble Quest to Become the Smartest Person in the World Random House On leaving school or university, you feel pretty pleased with yourself. You've learnt a lot, your'e well-read and you know a whole bunch of obscure facts guaranteed at some point to appear in the questions on Mastermind or University Challenge. Then you get a job, and ten years later you're more eloquent and eager to argue about Britney and Big Brother than Beckett and the Brontes. Sound familiar? Well it happened to AJ Jacobs too. As an editor at Esquire, Jacobs had built up a rather impressive knowledge of celebrity trivia - and the cure was going to take a long time. While others might take to reading a broadsheet at the weekend, Jacobs chose to read the Encyclopaedia Britannica. All 33,000 pages of it. Bill Bryson meets Schott's Original Miscellany meets Woody Allen. Part assemblage of fascinating trivia, part journey through adulthood, all laugh-out-loud funny. On the Edge of Nowhere Epicenter Press Huntington is only seven when his mother dies, and he must care for his younger siblings. A courageous and inspiring man, Huntington hunts wolves, fights bears, survives close calls too numerous to mention, and becomes a championship sled-dog racer. Warning Miracle Lulu.com Less Is More An Anthology of Ancient & Modern Voices Raised in Praise of Simplicity Inner Traditions This timely anthology brings together thought-provoking maxims on the art of conscious living, inspired by the ancient tradition of the Golden Mean and the natural laws of economy and conservation. Less Is More draws us into the company of men and women from many eras and cultures whose writings explore the virtues of simplicity and moderation in living. Confucius, Patañjali, Ovid, St. Matthew, Milarepa, Rumi, Eckhart, da Vinci, St. Teresa of Avila, Basho, Thoreau, Tagore, Suzuki, Illich, and many others share profound thoughts on our wants and needs, lifestyles and lifeworks. Here is a book to be savored in quiet moments when we reflect on our hectic pace of life; when we wonder if the race to riches is worth the struggle; or when we wonder if the earth can sustain our greed for many more generations. Goodbye, Ice Arctic Poems Leaping Dog Press Unlike most books of poems nowadays, Goodbye, Ice by Lawrence Millman has a strong ecological bias. The book offers a window on the natural world of the Arctic and its tradition-bound indigenous people. Climate change, inevitably, raises its ugly head in many of the poems, but the book itself is a lament not just for the loss of ice, but for the loss of the Arctic itself. Crossing The Gates of Alaska: Citadel Press The snow forms the beginning of a near vertical chute that falls at least a thousand feet. My feet, shaking, manage to hug the thin edge of solid rock. I feel my heart creep to my throat and warm sweat drip down my back, defying the subzero Arctic air. Somehow I reach a plateau and think the worst is behind me. I couldn't be more wrong. This is the story of Dave Metz's death-defying, breathtaking, and passionate journey through the Arctic outback. Driven by his lifetime reverence for the outdoors, Dave, with the help of his two beloved Airedale terrier dogs, embarks on a three-month epic of survival and astonishing determination that rivals the most daring world-class explorations. I find myself on a gigantic trench hemmed in on both sides by peaks that look like ice-daggers from another world. The idea that I'm at the mercy of the wild sinks in. . .and I desperately want out of this endless, icebound maze. Skiing up frozen rivers, enduring bitter nights at twenty below zero, and staggering across vast reaches of barren tundra and scrub woodlands, Metz's unprecedented 600-mile trek took him to the remotest regions of the untamed North. In frightening and stunning detail, he shows us an unwavering spirit and a compelling sense of adventure that can only be satisfied when truly free. . . Dave Metz has been to Alaska over a dozen times in the last twenty years. He's kayaked across Alaska twice, once with his beloved dog Jonny riding in the bow, and lived there for two years in remote locations. He's also kayaked and trekked in Peru, Brazil, Canada, and Borneo, and has hiked across most of Oregon and Washington. Despite his forays away from home, he managed to earn a Bachelor of Arts degree in English literature from Portland State University, where he also did course work in zoology. He currently works for the Oregon Department of Fish and Wildlife as a seasonal fish biologist. In addition to studying mammals and the preservation of indigenous cultures in rain forest regions, he continues zealously to embark on wilderness survival and exploration adventures, cycling, and hiking trips. He lives Philomath, Oregon. Dog Driver A Guide for the Serious Musher Alpine Publications Dog Driver is for anyone interested in sled dog training for recreational sledding, racing, or working. Based on personal sled dog experience in both racing and working sled dog teams, Miki and Julie Collins explain everything you need to know to select, raise, train and care for sled dogs, dog sledding equipment and even clothing. Learn to read and understand your dogs, as well as how to take care of injuries on and off the trail. You won't be stranded out on the trail if you study their advice on repairing harnesses and sleds. Plus, in Dog Driver, you'll get all the latest sled dog facts, know what it is really like to own mushing dogs and just what it takes to be among the top Iditarod dogs. Follow Miki and Julie through thousands of wilderness miles as they run their working sled dog teams to check on trap lines and deliver freight during the winter in the heart of Alaska. Amazon Woman Simon and Schuster An extraordinary and inspiring chronicle of one woman's harrowing journey to become the first female to kayak the entire Amazon River. Part memoir, part feminist manifesto, Amazon Woman shows what incredible feats we are capable of and will encourage people, especially women, across all backgrounds and ages to find the courage and strength to live the life they've imagined. This 148-day journey began on Darcy Gaetcher's 35th birthday. The emotional waters that would fester and erupt on the ensuing journey was often more challenging to navigate than the mighty river itself. With blistering lips and irradiated fingernails, Darcy would tackle raging Class Five whitewater for twenty-five days straight, barely survived a dynamite-filled canyon being prepared for a new hydroelectric plan. She and her two companions would encounter illegal loggers, narco-traffickers, murderous Shining Path rebels, and ruthless poachers in the black market trade in endangered species. In a desperate attempt meant to give her some pretense of control, Darcy even cut off all her hair before entering Peru's notoriously dangerous "Red Zone" in hopes of passing for a boy and being seen as less of a target. At once a heart-pounding adventure and a celebration of pushing personal limits, Amazon Woman speaks to all of us feeling trapped by our desk-bound, online society. This a story of finding the courage and strength to challenge nature, cultures, social norms, and oneself. A Long Trek Home 4,000 Miles by Boot, Raft, and Ski The Mountaineers Books CLICK HERE to download the first chapter from A Long Trek Home * Compelling adventure with an environmental focus * An informative natural and cultural history of one of our last wild coastlines * Author is a pioneer in "packrafting," an emerging trend in backcountry travel In June 2007, Erin McKittrick and her husband, Hig, embarked on a 4,000-mile expedition from Seattle to the Aleutian Islands, traveling solely by human power. This is the story of their unprecedented trek along the northwestern edge of the Pacific Ocean—a year-long journey through some of the most rugged terrain in the world— and their encounters with rain, wind, blizzards, bears, and their own emotional and spiritual demons. Erin and Hig set out from Seattle with a desire to raise awareness of natural resource and conservation issues along their

route: clear-cut logging of rainforests; declining wild salmon populations; extraction of mineral resources; and effects of global climate change. By taking each mile step by step, they were able to intimately explore the coastal regions of Washington, British Columbia, and Alaska, see the wilderness in its larger context, and provide a unique on-the-ground perspective. An entertaining and, at times, thrilling adventure, theirs is a journey of discovery and of insights about the tiny communities that dot this wild coast, as well as the individuals there whom they meet and inspire. **Ten Thousand Miles with a Dog Sled A Narrative of Winter Travel in Interior Alaska** Cosimo, Inc. Though born and raised in England, explorer HUDSON STUCK (1865-1920) epitomized the adventurous New World spirit of the American West at its closing. Drawn by the wide-open spaces, Stuck, an Episcopal priest and champion of "muscular Christianity," volunteered in 1904 to serve as the archdeacon of the Yukon; his spiritual domain encompassed 250,000 square miles of interior Alaska. In this dramatic 1914 work, Stuck draws upon his eight years of continuous travels in this "great, wild country" to paint an exhilarating portrait of a rugged land and the people who lived there. This is no mild tale of priestly ministering or zealous missionary work-Stuck all but eschews discussion of his actual work to regale us with tales of the "gentle aboriginal population" and "some of the hardest and most adventurous white men in the world," and warns against "low-down whites" with no respect for native culture or the sanctity of the land. With this beautiful and untamed land again threatened by encroaching development, this century-old book remains a fresh and vital read. **ALSO AVAILABLE FROM COSIMO: Stuck's Ascent of Denali**